BOSQUE DO PISCO

ARTE E NATUREZA

REGISTER NOW



PROGRAMME 2026-2027

Activities | Timetables | Term fees

www.bosquedopisco.pt

Livramento – Estoril

At Bosque do Pisco, we believe time spent outdoors, a connection with the earth and genuine relationships are essential for healthy and happy growth.



If you're looking for a place where your children can grow up with a sense of wonder, bare feet and curious eyes, join us!

Our outdoor playgroups, designed for home-schooling families and led by Leonor Pêgo, take place weekly in a safe natural setting, where every day is an adventure.

WHAT WE DO

The Bosque do Pisco Playgroups, led by Leonor Pêgo, offer a unique opportunity for children to spend regular time outdoors on a wonderful private farm in Estoril.

Every week, we encourage learning, artistic exploration and a connection with nature.

We aim to make these sessions really fun, but also meaningful in building experiences that enhance the children's development at their respective stages, while respecting each child's pace and individuality.

The activities are based on the forest school philosophy, with a strong focus on:

- Exploring nature, projects and adventures
- Development of social, motor and emotional skills
- Outdoor activities such as walks, building and campfires
- Team games and group activities
- Scientific knowledge of flora and fauna
- Creative arts

At Bosque do Pisco, the children...



- Play freely and purposefully, connected to nature.
- They learn to cooperate, communicate and tackle challenges as a group.



- Learn about, explore and observe the local flora and fauna.
- Develop social, motor and emotional skills at their own pace..
- Form bonds with the farm animals and develop empathy.



- Build, walk, make campfires and have little big adventures.

THE HOUSE TEAM

All our activities are supervised by educators and facilitators in an outdoor learning environment.



Leonor Pêgo
Art educator
Head of the Bosque do Pisco project



São Sampaio
Outdoor Learning
The José Pacheco Approach
Project-Based Learning Coordinator



Xana Luz
Childhood Educator
Roly Polys Coordinator



Maria Inês Santos
Social Services
Outdoor Learning Coordinator



Mariana Matias
Languages
Playgroup Facilitator



Raquel Tuna
Landscaper / Herbalist
Playgroup and School Facilitator



João Almeida
Design and Permaculture
Garden and Permaculture Facilitator



Beatriz Noronha
Music
Music Workshop Facilitator



To be confirmed
Physical Education

WHAT HAPPENS AT BOSQUE

With groups for different ages and flexible class schedules, Bosque do Pisco is an extension of home, a place of respect, freedom and discovery.

Wild Owls	**aged 8 to 15** **Mon, Wed** – 2 - 5 pm
Grasshoppers	**aged 4 to 12** **Mon, Tue, Wed, Thu –** 9.30 am - 4 pm **Fri –** 9.30 am - 1 pm
Roly Polys	**aged 1 to 4** accompanied by an adult **Mon, Fri –** 9.30 am - 1 pm
Home Schooling Support	**aged 6 to 12** **Mon, Wed, Thu –** 10 am - 1 pm
Forest Day	**aged 8 to 15** **Tue –** 10 am - 5 pm Another location, outside Bosque do Pisco
Art and Nature Workshop	**aged 6 to 12** **Wed –** 5.30 - 7 pm
Yoga Kids	**aged 6 to 12** **Thu –** 5.30 - 6.30 pm

Wild Owls

aged 8 to 15
Mon, Wed – 2 - 5 pm

REGISTER NOW

PROGRAMME 2026-2027 ACTIVITIES

The Wild Owls are the wisest creatures in the Bosque!

Children and young people aged between 8 and 15 have time to simply be, and to spend time in nature.

A time to forge important interpersonal relationships and to truly experience time and space in nature.

Focusing on Forest School and outdoor education methodologies, the group is challenged to explore the area through active engagement and critical thinking.

Body and voice express growth through collective action and shared creation. From artistic experimentation and the use of tools to technical outdoor skills, these shared experiences bring these afternoons in the open air to life.





Grasshoppers

aged 4 to 12

REGISTER NOW

Mon, Tue, Wed, Thu – 9.30 am - 4 pm
Fri – 9.30 am - 1 pm

PROGRAMME 2026-2027 ACTIVITIES

The Grasshoppers are our group of curious nature explorers!

At this age (4–12), when curiosity sparks the imagination, we want children to be active, creative and independent.

During the sessions, there is time for that spark to take hold. The Bosque offers a space for discovery tailored to our scale, with plenty of interaction between play and learning, between movement and reflection, between an active body and the nature that calls out to us.

Here, things happen and decisions are made with the children always having a say. They take part in the Grasshoppers' decisions and help to build and maintain the Bosque do Pisco space. We develop collective projects and respect individual paces.

We live by the rhythm of nature and the changing seasons.



Activities included: Permaculture, Music and Physical Education, Support for home schooling.

Roly Polys

aged 1 to 4
accompanied by an adult
Mon, Fri – 9.30 am - 1 pm

REGISTER NOW

The Roly Polys play and explore!

The Roly Polys is our ongoing programme for children aged 1 to 4, who visit Bosque do Pisco to play and explore nature accompanied* by their families or carers.

Our Bosque is the perfect place to welcome children and stimulate all their senses, offering space to play, explore, create and build a connection with nature right from childhood.







Activities included: Permaculture, Music and Physical Education.

* REQUIRED - 1 adult carer per child

PROGRAMME 2026-2027 ACTIVITIES

Home Schooling Support

aged 6 to 12
who do not join the playgroups
Mon, Wed, Thu – 10 am - 1 pm

REGISTER NOW

24 september - 24 june

Learning from nature!

This session, led by qualified teachers, aims to support the curriculum for home-schooled students..

Based on a work-by-project philosophy, the tutor will guide students in their learning, respecting each child's individual needs and encouraging them to apply their knowledge through their own interests.

These sessions will also provide plenty of scope for experimentation and outdoor activities, taking a hands-on approach to the curriculum through playful activities and group work.



Home Schooling Support

aged 6 to 12
who do not join the playgroups
Mon, Wed, Thu – 10 am - 1 pm

REGISTER NOW

24 september - 24 june

During this academic year, the Home Schooling Support sessions take three very different approaches on each day.

Although they complement one another for participants who attend all three days, each session explores a different approach, always in a playful and very free-form manner.

Biology and Nature Drawing

On Mondays, we offer a workshop entirely focused on the surrounding area, its flora and fauna, learning about them and recording observations in a field journal.

Project

On Wednesdays, learning is based on individual interests and motivations, with each child developing their own project, covering a wide range of subject areas such as Portuguese, maths, geography, biology, etc...
Preparing how to present the project to the group is part of the process, and drawing on various artistic disciplines helps with presentations, which may take the form of short plays, posters, models, etc.
Each student learns how to plan and manage their project, creating their own timetable, with commitment and responsibility.

Outdoor Curriculum

On Thursday mornings, the curriculum takes place outdoors, in the vegetable garden, amongst the trees, in the woods.
By forming ability-based groups, the Bosque do Pisco team prepares experiential sessions for learning the curriculum outdoors.
Using the landscape and natural materials, maths, Portuguese and environmental studies become games, challenges and group activities, where learning is fun and where curricular learning is consolidated in a practical way.

Forest Day

Outside Bosque do Pisco

aged 8 to 15

Tue – 10 am - 5 pm

REGISTER NOW

A day of adventure and walking!

With a pack on your back, this programme invites participants to explore different natural areas – including forests, woodlands, gardens and parks – within a 20km radius of Bosque do Pisco.

We set a meeting point and pack everything we need for a day of adventure into a rucksack. Throughout the day, we'll discover the flora and fauna of each location. We'll carry out experiments and practise survival, orienteering and outdoor skills, always with an artistic and ecological perspective.

Visits to museums and botanical gardens are occasionally planned.



PROGRAMME 2026-2027 ACTIVITIES

Art and Nature Workshop

AFTER-SCHOOL
aged 6 to 12
Wed – 5.30 - 7 pm

REGISTER NOW

The space for artistic exploration in Nature!

During these sessions, there's time to explore and learn more about the flora and fauna of our woodland, but also to try your hand at making things.

Using mainly natural materials, the group of explorers will try out various artistic techniques, from painting to basket-weaving, learning to use tools and fostering creativity in a natural environment where there's plenty of freedom.

By the time it takes place, this workshop is often in the dark, immersed in the night during winter. At that time, the magic grows around the campfire and, with our torches, lights the path we are tracing on the map of our discoveries!

A magical and natural midweek break to recharge your levels of nature and freedom!



Yoga Kids

aged 6 to 12
Thu – 5.30 - 6.30 pm

REGISTER NOW

The perfect time to slow down!

A time when children explore new ways of developing their various forms of intelligence – emotional, communicative and empathy – through the union of body, mind and spirit, fostering a sense of well-being, self-esteem, self-confidence and self-awareness, developing team spirit and cooperation, and learning to manage stress and anxiety more effectively and calmly.

The sessions consist of four specific parts:

- Postures (*asanas*)
- Breathing exercises (*pranayamas*)
- Mindfulness
- Meditation

Using a wide variety of techniques and methods: stories, music, songs, games and craft activities.





WHEN IT ALL HAPPENS

PROGRAMME 2026-2027 TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday
09.30-10	Roly Polys	Roly Polys	Roly Polys	Roly Polys	Roly Polys
10-10.30	Roly Polys	Roly Polys	Roly Polys	Roly Polys	Roly Polys
10.30-11	Roly Polys	Roly Polys	Roly Polys	Roly Polys	Roly Polys
11-11.30	Roly Polys	Roly Polys	Roly Polys	Roly Polys	Roly Polys
11.30-12pm	Roly Polys	Roly Polys	Roly Polys	Roly Polys	Roly Polys
12-12.30	Roly Polys	Roly Polys	Roly Polys	Roly Polys	Roly Polys
12.30-1pm	Roly Polys	Roly Polys	Roly Polys	Roly Polys	Roly Polys
1pm-1.30	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
1.30-2	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
2-2.30	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
2.30-3	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
3-3.30	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
3.30-4	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
4-4.30	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
4.30-5	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers	Grasshoppers
5.00-5.30					
5.30-6					
6-6.30					
6.30-7pm					

Roly Polys: HS Support - Biology and Nature Drawing (Tuesday); HS Support - Projeto (Wednesday); HS Support - Curriculum (Thursday)

Wild Owls: Monday 2-3.30; Wednesday 2-3.30

Forest Day: Tuesday 1pm-4.30

Visit from schools groups and other events: Friday 1pm-5

Art and Nature Ws: Wednesday 5.30-6

Yoga Kids: Thursday 5.30-6.30

Wild Owls | Grasshoppers | Roly Polys | Home Schooling Support | Forest Day (Outside Bosque do Pisco) | Art and Nature Workshop | Yoga Kids

MONTHLY FEES

All activities have an associated initial fee.
Registration + Insurance: €50

10% discount for siblings on all activities.

Wild Owls

1 x / week	€45
2 x / week	€80

Grasshoppers

1x / week	€85
1x / week + HSS 1x	€120
2x / week	€150
2x / week + HSS 1x	€185
2x / week + HSS 2x	€200
3x / week	€180
3x / week + HSS 3x	€230
4x / week	€250
4x / week + HSS 3x	€300
5x / week	€300
5x / week + HSS 3x	€340

Roly Polys

One adult carer per child is required

1x / week	€60
2x / week	€100
3x / week	€140
4x / week	€180
5x / week	€210

MONTHLY FEES

All activities have an associated initial fee.
Registration + Insurance: €50

10% discount for siblings on all activities.

Home Schooling Support	1 x / week 2 x / week 3 x / week	€80 €140 €180
Forest Day Outside Bosque do Pisco	1 x / week	€80
Art and Nature Workshop	1 x / week	€35
Yoga Kids	1 x / week	€35

! IMPORTANT INFORMATION

OPENING HOURS

- Monday to Thursday – 9.30 am – 4 pm
- Friday – 9.30 am – 1 pm
- Saturday and Sunday – Opening hours to be confirmed depending on the events calendar
- Public holidays – CLOSED

DATES TO BE LISTED

Playgroups

Start	End
14 September 2026	25 June 2027

Breaks (during these periods, the playgroups are not running)

Break times	Start	End
Christmas	21 December 2026	31 December 2026
Carnival	8 February 2027	10 February 2027
Easter	25 March 2027	29 March 2027

Events and celebrations

2026	
27 September	Open Afternoon Programmes Playgroups and Homeschool
11 November	St Martin's Festival at Bosque do Pisco
8 December	OPEN DAY Winter & Greenmarket
2027	
9 January	New Year's Party for Bosque do Pisco Families
29 and 30 May	Bosque do Pisco Family Camp
5 June	OPEN DAY Summer & Greenmarket

! IMPORTANT INFORMATION

PLAYGROUP REGISTRATION

- All participants must be enrolled in the activities using the proper form.
- All enrolled participants are covered by third-party liability and personal accident insurance.
- A separate registration must be made for each participant.

PAYMENTS

Bosque has monthly costs relating to premises, staff, materials and maintenance. Payment of these charges depends entirely on the contributions made by those who are enrolled in the activities.

- Monthly fees are calculated based on the chosen activities, in accordance with the rates set for the 2026/2027 academic year. In the event of a change in attendance, the fees will be adjusted.
- Monthly fees must be paid by the forth day of each month, preferably by scheduled bank transfer.
- The monthly fee for a child registered in the Playgroups must be paid monthly from September to June, even in the event of absence due to holidays or illness.
- The amount paid in September represents half the monthly fee plus the registration fee and insurance. The fees shown, in euros (€) excluding VAT, apply to the 2026–2027 academic year, starting in September 2026 and ending in June 2027.
- All special events and additional ongoing activities have their own programme and price list, and must be paid for separately from the monthly fee.
- All participants of Bosque do Pisco Playgroups are entitled to a 10% discount on extracurricular activities, workshops, holiday camps and other Bosque do Pisco events that require payment.

! BEST PRACTICES FOR SMOOTH OPERATION

PUNCTUALITY AND ATTENDANCE

- Being part of a playgroup means being part of a community which, even though it is informal and fun, has its own rhythms and routines. Attending on the days for which you are registered helps to ensure the group remains a vibrant and active community. Arriving and leaving at the appropriate times for drop-off and pick-up is very important for the children and for the team as well..
- You should let the team know if you are running late, if you are unable to attend, or if you wish to change the day you attend. As a rule, there is plenty of flexibility.

EQUIPMENT AND MATERIALS

- AChildren should come suitably dressed for the season and weather conditions. They should be dressed comfortably and be free to play and get dirty without worrying about damaging their clothes.
  It is recommended that they bring a full change of clothes in case they get very dirty or wet (this can be left at the Bosque).
- They should avoid bringing valuable clothes, footwear or other equipment. The Bosque is an outdoor space with dust, mud, sand... Toys and equipment may get lost, damaged or dirty.
- If children bring knives, pocket knives, fire-making tools or other items that might be dangerous to themselves or others, they must inform the facilitators on duty that day. They must also be instructed to use them in accordance with the internal safety measures. All facilitators are fully informed about these measures.
- The materials and tools used in the activities are provided by Bosque do Pisco. In the event of any specific requirements, parents will be notified.
- For Forest Day, children should bring a comfortable walker's backpack containing their snack, lunch and water, and be prepared with clothing suitable for the weather.

BEST PRACTICES FOR SMOOTH OPERATION

ACTION SPACE

- We are privileged to have an orchard area within Quinta da Samarra, which is already our nest, our home. Here we have the Dome, the lake, the henhouse, the threshing floor, the sandpit, the mud kitchen, the campfire, the art workshop...
- In the 2026/2027 academic year, a new space will be created right next to this one, with plans for a complementary programme that we are very excited about. We will be involved in the creative process of establishing a permaculture vegetable garden, a wooden hut for other activities, trees for climbing and a space for playing with loose parts (PlayPod).
- During the scheduled activities, sessions may take place in any of these spaces, as well as in other areas within Quinta da Samarra.
- Whenever we leave Quinta da Samarra to visit a location outside the farm, parents will be informed via the usual communication channels. These outings should not affect drop-off or pick-up times.

SAFETY OF THE AREA

- The layout and philosophy of the project encourage children's freedom of choice and playful activity. Risk is accepted and encouraged within the scope of the available play activities.
- To ensure that risk does not become a threat, there is a safety protocol that sets out the limits of certain activities so that children's safety is not compromised. This protocol consists of a series of rules which are shared with the children, such as: the trees they must not climb, how to behave around fire, the use of tools (even if they are their own), areas that must not be used without adult supervision, plants that must not be touched or eaten, the management of drinking and non-drinking water, etc. These rules form an integral part of the children's education in responsibility and independence and are always presented in an educational context.
- The area and the woodland area are inspected twice a year by professionals to assess the safety of the trees and ensure they are kept clean and pruned, as well as the paths. This maintenance is carried out more frequently whenever necessary.
- As this is an outdoor space, whenever conditions are not safe for activities to take place, the team is committed to notify families and reserves the right to cancel such activities.

! BEST PRACTICES FOR SMOOTH OPERATION

MEDIATION AND PROBLEM-SOLVING

- Bosque do Pisco brings together many different people. Different geographical backgrounds, different social and cultural contexts, different religions. The idea of such a diverse community sharing the same goal of helping their children grow up in nature makes us very happy. However, we know that greater differences can lead to greater disagreements.
- The Bosque do Pisco project coordination team is attentive and has 100 per cent confidence in its field team. All Bosque do Pisco mediators are professionals in their respective fields of development and can offer practical support, helping to refine your approach.
- In the event of a conflict or any issue involving a facilitator, another parent, or even a child, we want it to be resolved calmly, thoughtfully and respectfully. We promote open communication and democratic solutions to foster a healthy community life that respects everyone's differences.
- In such situations, please speak to a mediator with whom you feel comfortable, or contact Leonor Pêgo, the project coordinator, directly.

BOSQUE-FAMILIES COMMUNICATION

- So far, communication between the Bosque do Pisco project and the families has taken place via WhatsApp groups, with each playgroup having its own channel.
- In these groups, photos of the activities are frequently shared by the Bosque do Pisco team, as well as by the families.
- Important messages relating to the activities are also posted in these groups: requests for specific materials, changes to timetables or details of special activities. It is very important for your son or daughter that you keep an eye on the information in these groups.



FOLLOW US AND JOIN THE ADVENTURE!

bosque.do.pisco

www.bosquedopisco.pt

Livramento – Estoril